**Governors Check list – PE Curriculum and Primary PE and Sports Premium**

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| Is there a Governor responsible for wellbeing? | * [Wellbeing governors - Governors for Schools](https://governorsforschools.org.uk/wellbeing-governors/)   ([Governors for Schools - Effective Governors, Excellent Schools](https://governorsforschools.org.uk/)) |
| Minimal standards for PE:  DfE recommends that schools should provide pupils with a minimum of 2 hours curriculum PE per week. | * DfE National Curriculum in PE - [National curriculum in England: physical education programmes of study - GOV.UK (www.gov.uk)](https://www.gov.uk/government/publications/national-curriculum-in-england-physical-education-programmes-of-study/national-curriculum-in-england-physical-education-programmes-of-study) |
| Primary PE and Sports Premium requirements  (Part of the governments [Childhood Obesity Plan](https://www.gov.uk/government/publications/childhood-obesity-a-plan-for-action)) | * DfE advice on how it should be spent -<https://www.gov.uk/guidance/pe-and-sport-premium-for-primary-schools> * DfE, AfPE and YST Evidencing the Impact reporting template - [Evidencing the Impact - Website Reporting Template - Association for Physical Education - Association For Physical Education | P.E. (afpe.org.uk)](https://www.afpe.org.uk/physical-education/evidencing-the-impact-guidance-template/)   **NB**: this should be published each year on the school’s website and **signed off by the governor.**   * Sport Premium Governor Training produced by Governors for Schools 15/6/21. Featuring Active Sussex (sister AP) and a local primary school. [Video](https://governorsforschools.org.uk/webinars/primary-pe-sport-premium-governor-training/). [Presentation Slides](https://www.wesport.org.uk/custom-content/uploads/2022/11/Primary-PE-and-Sport-Premium-webinar-slides.pdf). |
| The School Sport and Activity Action Plan:  Launched July 2019 ahead of the new Ofsted Framework.  It came after the latest data from Sport England’s [Active Lives Children and Young People survey](https://www.sportengland.org/research/active-lives-survey/active-lives-children-and-young-people/) showed that a third of children are currently doing fewer than 30 minutes of physical activity a day. | * Sets out the government’s commitment to ensuring that children and young people have access to at least 60 minutes of sport and physical activity per day. It recommends 30 minutes of this is delivered during the school day (in line with the [Chief Medical Officers guidelines](https://www.gov.uk/government/publications/physical-activity-guidelines-uk-chief-medical-officers-report) which recommend an average of at least 60 minutes per day across the week) - [School sport and activity action plan (publishing.service.gov.uk)](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/848082/School_sport_and_activity_action_plan.pdf) * Chief Medical Officers Guidelines -[Physical activity guidelines: UK Chief Medical Officers' report - GOV.UK (www.gov.uk)](https://www.gov.uk/government/publications/physical-activity-guidelines-uk-chief-medical-officers-report)   [Infographic](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/1054282/physical-activity-for-children-and-young-people-5-to-18-years.pdf) |
| Active Lives Children and Young People Survey  Administered at schools, the survey provides a world-leading approach to gathering data on how children engage with sport and physical activity.  Designed by Sport England, the Department for Education (DfE), the Department for Health (DfH), and the Department for Digital Culture Media and Sport (DCMS), its purpose is to gain a detailed insight into the current physical activity habits of the nation's children and young people (5 to 16). | * [Active Lives | Sport England](https://www.sportengland.org/research-and-data/data/active-lives)   Schools receive a bespoke school report for taking part which serves as a good self-audit. The report covers measures of children's activity levels, physical literacy, swimming proficiency, wellbeing, self-efficacy and levels of social trust.  Watch this short [video](https://youtu.be/v8pHGoy3UJ0), or visit our [webpage](https://www.wesport.org.uk/active-education/active-lives-survey/) to find out more.  Our sister organisations in Derbyshire and Nottinghamshire have produced this short video which explains how schools have used the survey, and the benefits which they have seen to taking part- <https://youtu.be/A4Z6N_Jvk3s> |

Additional Resources:

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| **The Association for Physical Education (afPE)** the representative Subject Association for PE in the UK. | [Home - Association for Physical Education - Association For Physical Education | P.E. (afpe.org.uk)](https://www.afpe.org.uk/physical-education/) |
| **The Youth Sport Trust** the UK’s leading charity improving every young person’s education and development through sport and play. | [Resources - Youth Sport Trust](https://www.youthsporttrust.org/resources) |